## **MEMORIZATION: The Concrete Foundation for Learning**

## SHORT-TERM MEMORY Building Neural Pathways WORKING MEMORY

- 1. Nothing replaces quality instruction at the onset.
- 2. Use variety to teach new vocabulary words.
- 3. Remove distractions and optimize focus.
- 4. Methodically target specific concepts and material.
- 5. Space out repetitions.
- 6. Utilize mixed practices.
- 7. Prioritize quizzing to provide retrieval practice.
- 8. Utilize the 3x3 strategy.
- 9. Keep quizzing focused on retrieval, not grades.
- 10. Understand the limitations of speed retrieval.
- 11. Utilize teenagers' desire for social learning.
- 12. Build pathways with emotions.
- 13. Use muscular activity to enhance memory.
- 14. Use the visual + verbal combination to increase processing.